

ASSOCIATES IN GASTROENTEROLOGY, PA
Dr. Chockalingam
Mon-Thurs (803)788-1100
BERKELEY ENDOSCOPY
Friday 803-788-1120

COLYTE/NULYTELY SAME DAY PREP

Appointment information:

- Location: Berkley Endoscopy Center, LLC
1072 Wildewood Centre Drive, Columbia, SC 29223
- Need: **1. Driver:** Adult (18 and above), Need to stay on premises
2. Copay: call Mr. Billy Prince 803-719-5285
3. Patient Instruction Packet: if not submitted, test - cancelled

Stop the following medications on: _____

1. Stop all **aspirin and aspirin containing products (Ibuprofen)** 5 days before test. IT IS OK TO TAKE EXTRA STRENGTH TYLENOL.
2. Stop all **arthritis medication** 5 days before test (Celebrex, Mobic, Ultram, Voltaren, Plaquenil, Naproxen)
3. Stop all **iron supplements** 5 days before test (Tandum plus, Bifera, Ferrous Sulfate, Integra Plus, Folic Acid)
4. Stop all **Blood Thinners** 5 days before test. (Coumadin, Warfarin, Plavix, Pradaxa, Aggrenox, Xarelto, Effient)

The Morning of Colonoscopy _____

- Take all your medications except for aspirin products, iron supplements, arthritis medication and blood thinners.
- You will be on a CLEAR LIQUID diet until _____ prior to your procedure time.

NO: milk or dairy products (ice cream, yogurt or pudding); creamy soups or soups with rice or noodles; fruits or vegetables; bread or crackers; liquids that are **RED, ORANGE OR PURPLE**

YES: broth or boullion (chicken or beef); light colored juices (apple, white grape, white cranberry), Gatorade (clear, green, yellow or blue) coffee or tea (no creamer) soft drinks; jell-o; sherbert; popsicles (cannot have fruit in them)

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- At **6:00am** take four (4) Dulcolax tablets (**stool softener, not laxative**) with two glasses of water. *Dulcolax tablets are to be purchased from over-the-counter by the patient.*
- At **6:15am** take (1) Zofran pill to avoid nausea.
- At **6:30am** start to drink prep. Drink 8 oz. every 15 minutes, if possible. If you feel nauseated, drink at your own pace but, continue drinking until entire bottle is empty.
- **NOTHING TO EAT AFTER _____ AND NOTHING TO DRINK AFTER _____ PRIOR TO PROCEDURE.** Going without food or liquids allows for a safer, more complete test and reduces the chance of nausea.
- You may take your **blood pressure medicine** with a small sip of water.
- **FOR DIABETIC PATIENTS:** Hold any pill form diabetic medicine on the morning of the test. You can take it after the test when you are home and eating again. If you are insulin dependent you can take ½ of your normal dose on the morning of the procedure.
- Arrive with a friend or family member. They must stay for the entire procedure and drive you home. The estimated time for your entire visit is 2-3 hours depending on circumstances.