

Associates in Gastroenterology, PA
Dr. Chockalingam
Mon-Thurs (803)788-1100

FLEXIBLE SIGMOIDOSCOPY INSTRUCTIONS

LOCATION: _____

PRE-REGISTRATION: *Only Pre-register if your procedure is scheduled at one of the following facilities:*

Palmetto Richland Memorial Hospital call to pre-register at 803-434-2006

Palmetto Baptist Hospital call to pre-register at 803-296-5160

Providence (Main) call to pre-register at 803-256-5635

QUESTIONS: Please call our office at (803) 788-1100

MEDICATION: You will need to purchase a total of 2 FLEET ENEMAS over the counter from your local pharmacy.

Stop the following medications on: _____

1. Stop all **aspirin and aspirin containing products** 5 days before test. IT IS OK TO TAKE EXTRA STRENGTH TYLENOL.
2. Stop all **arthritis medication** 5 days before test (Celebrex, Mobic, Ultram, Voltaren, Plaquenil, Naproxen)
3. Stop all **iron supplements** 5 days before test (Tandum plus, Bifera, Ferrous Sulfate, Folic Acid, Integra Plus)
4. Stop all **Blood Thinners** 5 days before test. (Coumadin, Warfarin, Plavix, Aggrenox, Pradaxa, Xarelto)

DAY OF EXAM: _____

1. No food by mouth except your morning medication
2. Administer the **first Fleet enema at bedtime the night before procedure.**
3. Administer the **second Fleet enema 1 hour prior to your procedure.**
4. Present at the designated area at the hospital to sign registration information. They will escort you to outpatient surgery.