

ASSOCIATES IN GASTROENTEROLOGY, PA
Dr. Chockalingam
Monday-Thursday (803) 788-1100
BERKELEY ENDOSCOPY
Friday (803)788-1120

THREE DAY PREP/ _____

Name: «FirstName» «LastName»

Date of TEST _____ Arrive at: _____

Location: _____

PRE-REGISTRATION: *Only call to pre-register if your procedure has been scheduled at one of the following facilities:*

Palmetto Richland Memorial Hospital call to pre-register at 803-434-2006

Palmetto Baptist Hospital call to pre-register at 803-296-5160

Providence (Main) call to pre-register at 803-256-5635

Medications that you will need:

MagCitrates-2 bottles (can be purchased over the counter at your local pharmacy)

Dulcolax tablets (can be purchased over the counter at your local pharmacy)

Colyte/Nulytely (this is a prescription and was sent to your local pharmacy for pick up)

Zofran (this is a prescription and was sent to your local pharmacy for pick up)

Stop the following medications on: _____

- Stop all **Aspirin and Aspirin containing products** 5 days prior to test date. IT IS OK TO TAKE EXTRA STRENGTH TYLENOL
- Stop all **arthritis medication** 5 days prior to your test date. (Celebrex, Mobic, Ultram, Voltaren, Plaquenil, Naproxen)
- Stop all **blood thinners** 5 days prior to your test date. (Aggrenox, Coumadin, Warfarin, Plavix, Pradaxa, Xarelto)
- Stop all **iron supplements** 5 days prior to your test date. (Tandum Plus, Bifera, Ferrous Sulfate, Integra Plus, Folic Acid)

DAY (1) OF PREP: _____

1. At **6pm**, you will drink the 1st bottle of Magcitrates followed by three glasses of water.

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DAY (2) OF PREP: _____

- Take all your medications except for aspirin products, iron supplements, arthritis medication and blood thinners.
- You will be on a CLEAR LIQUID diet all day.

NO: milk or dairy products (ice cream, yogurt or pudding); creamy soups or soups with rice or noodles; fruits or vegetables; bread or crackers; liquids that are **RED, ORANGE OR PURPLE**

YES: broth or boullion (chicken or beef); light colored juices (apple, white grape, white cranberry), Gatorade (clear, green, yellow or blue) coffee or tea (no creamer) soft drinks; jell-o; sherbert; popsicles (cannot have fruit in them)

- At **6:00am** take four (4) Dulcolax tablets (**stool softener, not laxative**) with two glasses of water. *Dulcolax tablets are to be purchased from over-the-counter by the patient.*
- At **6:15am** take (1) Zofran pill to avoid nausea.
- At **6:30am** start to drink prep. Drink 8 oz. every 15 minutes, if possible. If you feel nauseated, drink at your own pace but, continue drinking until entire bottle is empty.

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DAY (3) OF PREP/The day of the Colonoscopy: _____

- At 6am, you will drink the 2nd bottle of Magcitrade followed by three glasses of water.
- **YOU MAY CONTINUE YOUR CLEAR LIQUID DIET UP UNTIL 8:00 am** Prior to your procedure. Going without food or liquid allows for a safer, more complete test and reduces the chance of nausea.
- You may take your blood pressure medicine with a small sip of water.
- **FOR DIABETIC PATIENTS:** Hold any pill form diabetic medicine on the morning of the test. You can take it after the test when you are home and eating again. If you are insulin dependent you can take ½ of your normal dose on the morning of the procedure.
- Arrive with a friend or family member. They **MUST** stay with you for the entire procedure and drive you home. The estimate time for your entire visit is 2-3 hours depending on the circumstances.